

GDSC Competition Team & Performance Company

2017/2018 Fall/Spring Class Requirement Information

Hours Involved

*Int./Adv. Ballet Technique (currently titled “Intermediate B Ballet Technique [Ages 12+]” for the 2017/2018 seasons) is offered two times per week. Miss Dee Dee’s class is 1.5 hours in length and offered two times per week. Both sessions are required. (Total: 3 hours)

*Beg./Int. Ballet Technique (currently titled “Intermediate A Ballet Technique [Ages 10-12]” for the 2017/2018 seasons) is 1.5 hours in length and offered one time per week. *It is highly recommended by staff that if a student wants to take it to the next level as a dancer, he/she should participate in another ballet class. We recommend Ballet 4.*

*Beg./Int. and Int./Adv. Jazz Technique are 1 hour in length each and offered one time per week.

*Beg./Int. and Int./Adv. Tap Technique are 1 hour in length each and offered one time per week.

*Beg./Int. and Int./Adv. Hip Hop Technique are 1 hour in length each and offered one time per week.

*Strength & Stretch is 1 hour per week and offered two times per week. Only 1 hour is required for the highest level of Competition and Performance. *For Level 1 and 2 students, it is highly recommended by staff that if a student wants to take it to the next level as a dancer, he/she should participate in Strength & Stretch.*

*Performance Fundamentals is 1 hour in length, offered one time per week and is a rotating class. Competition students will attend from September through December. Performance students will attend from January through June.

*Performance Acro is 1.5 hours in length and offered two times per week. Both are required. (Total: 3 hours.)

*All Competition Team and Performance Company classes (i.e., Level 1 class, Level 2 class, etc.) are 30 minutes each. (Acro is the exception. See above.)

In an effort to meet the wishes of parents and students who did not want to dance on the weekends, classes run a little later during the week—no later than 8:15 p.m. Monday, Tuesday, Thursday and Friday; no later than 8:30 p.m. on Wednesday.

If a student were to participate in the highest level of all disciplines in both groups (competition team AND performance company), he/she would be dancing **a maximum of 15 hours per week** (this is the same amount as last dance season, 2016/2017). *Please consider this when deciding which group(s) and discipline(s) to be a part of. Being part of our competition team and/or*

performance company is an opportunity, not an obligation. It is both the student and parent's responsibility to decide what is feasible physically and financially before officially committing.

Technique

For parents concerned about the amount of time put into technique classes, GDSC has thoroughly researched the success of other competitive/performance-based studios. We discovered that technique classes were the bulk of an accomplished competitive/performing student's class load. *Technique offers a priceless foundation that translates into a student's ability to execute choreography. We strive for all students to learn how to dance before they learn a dance.*

For parents concerned about the lack of performance time on stage, our technique classes sometimes perform in our December and/or June recitals, depending on the instructor's curriculum for the year. Not only, but GDSC is working towards providing more opportunities to perform outside of its traditional recitals.

Students will be placed in the appropriate tech class based on their dance experience and/or level during time of placement, as each student is unique to their own dance journey. Below is a list of general guidelines. Associated levels and technique classes may not apply to your child's particular journey.

Class Requirements

i. Competition & Performance Musical Theater

1. Level 3&4
 - a. Level 3&4 class
 - b. Int./Adv. Jazz Technique
 - c. Int./Adv. Ballet Technique (both sessions required)
 - d. Strength & Stretch
 - e. Performance Fundamentals
2. Level 1&2
 - a. Level 1&2 class
 - b. Beg./Int. OR Int./Adv. Jazz Technique
 - c. Beg./Int. OR Int./Adv. Ballet Technique (if in the latter, both sessions required)
 - d. Performance Fundamentals

ii. Int./Adv. Acro & Competition Acro Solos, Duos and Trios

1. Int./Adv. Acro Level
 - a. Int./Adv. Acro class
 - b. Acro Technique 2
 - c. Beg./Int. OR Int./Adv. Ballet Technique (if in the latter, both sessions required)
 - d. Strength & Stretch

iii. Competition & Performance Lyrical/Contemporary

1. Level 3
 - a. Level 3 class
 - b. Int./Adv. Jazz Technique
 - c. Int./Adv. Ballet Technique (both sessions required)
 - d. Strength & Stretch
 - e. Performance Fundamentals
2. Level 2
 - a. Level 2 class
 - b. Beg./Int. OR Int./Adv. Jazz Technique
 - c. Beg./Int. OR Int./Adv. Ballet Technique (if in the latter, both sessions required)
 - d. Performance Fundamentals
 - e. *Strength & Stretch (if required by instructor; decision will be case-by-case based on student/class needs)*
3. Level 1
 - a. Level 1 class
 - b. Beg./Int. Jazz Technique
 - c. Beg./Int. Ballet Technique
 - d. Performance Fundamentals

iv. Competition & Performance Jazz:

1. Level 3
 - a. Level 3 class
 - b. Int./Adv. Jazz Technique
 - c. Int./Adv. Ballet Technique (both sessions required)
 - d. Strength & Stretch
 - e. Performance Fundamentals
2. Level 2
 - a. Level 2 class
 - b. Beg./Int. OR Int./Adv. Jazz Technique
 - c. Beg./Int. OR Int./Adv. Ballet Technique (if in the latter, both sessions required)
 - d. Performance Fundamentals
 - e. *Strength & Stretch (if required by instructor; decision will be case-by-case based on student/class needs)*

3. Level 1
 - a. Level 1 class
 - b. Beg./Int. Jazz Technique
 - c. Beg./Int. Ballet Technique
 - d. Performance Fundamentals

v. Competition & Performance Tap:

1. Level 3
 - a. Level 3 class
 - b. Int./Adv. Tap Technique
 - c. Int./Adv. Ballet Technique (both sessions are required)
 - d. Strength & Stretch
 - e. Performance Fundamentals
2. Level 2
 - a. Level 2 class
 - b. Beg./Int. OR Int./Adv. Tap Technique
 - c. Beg./Int. OR Int./Adv. Ballet Technique (if in the latter, both sessions required)
 - d. Performance Fundamentals
3. Level 1
 - a. Level 1 class
 - b. Beg./Int. Tap Technique
 - c. Beg./Int. Ballet Technique
 - d. Performance Fundamentals

vi. Competition & Performance Hip Hop:

1. Senior CREW (Solos, Duos, Trios Only)
 - a. Solo/Duo/Trio Weekly Private
 - b. Int./Adv. Hip Hop Technique
 - c. Int./Adv. Ballet Technique (both sessions required)
 - d. Strength & Stretch
 - e. Performance Fundamentals
2. Junior CREW
 - a. Junior CREW class
 - b. Beg./Int. OR Int./Adv. Hip Hop Technique
 - c. Beg./Int. OR Int./Adv. Ballet Technique (if in the latter, both sessions required)
 - d. Performance Fundamentals
3. Mini CREW
 - a. Mini CREW class
 - b. Beg./Int. Hip Hop Technique
 - c. Beg./Int. Ballet Technique
 - d. Performance Fundamentals

